

Autumn in New York

Sailing into the Wind—Stories to Navigate By

Led by Jonathan Fox

A four-day autumn renewal retreat for experienced Playback theatre practitioners (five years or more)

October 7-10, 2022

Location: One Epic Place,
New Paltz, NY (non-residential)



Using playback theatre, the Listening Hour, and action methods, this workshop offers an opportunity for personal attuning and enrichment.

Jonathan Fox will be the guide during four days of sharing together stories of difficult times and finding new sources of resilience. Jonathan is the co-founder of playback theatre and author of *Acts of Service*, *Beyond Theatre*, and with Jo Salas, *Personal Stories in Public Spaces*.

Our topic for this year is: **What has changed** in my playback theatre life? And more generally, where have I been and where am I going? We will take time to review the stresses of the recent past, the uncertainty of the present, and our possibilities for the future. During the four days, there will be ample time for sharing stories on all aspects of our lives. And to discuss questions of our playback theatre practice.

The workshop will take place in New Paltz, NY, gateway to the magnificent Hudson Valley of New York State, which is known for its stunning autumn scenery. This region is also where playback theatre first originated.

This workshop counts as a supervision event for accredited trainers of the Centre for Playback Theatre and is offered in conjunction with the New York School of Playback Theatre.

To register, contact Jonathan by sending a message or email (jfox137@gmail.com). Group size is limited to 15. After you apply, you will be told of acceptance as soon as feasible. You will receive instructions about payment about three months prior to the workshop.



Cost: \$725. Scholarship reductions available. If you need a reduction, let Jonathan know and he will send you a link to a simple form to fill out.

New Paltz is one and a half hours from midtown Manhattan. We will send information about where to stay and how to get to New Paltz as soon as you have been accepted.

To see what other workshops Jonathan will be offering this year, check out the New York School of Playback Theatre (nyspt.org), and the Listening Hour (listeninghour.org).